



Hazel Wood High School

Respect, Responsibility and Aspiration



Getting Ready for High School Transition 2022



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Session 1 - Resilience

Task 1 - What types of things hold you back? (circle the answers that apply to you)

Scared to take a risk

Fear of being embarrassed

Worried that you will get it wrong

Find it difficult to focus

Stress and Anxiety

Fear of looking foolish

Finding it hard work

Something else

Reflection Time: Write down what you can learn from your primary school experience ahead of going to secondary school.

- How did you handle things when they went wrong?
- How did you react when you got stuck?
- Think about a time when you showed an awesome' attitude. Write about it here:
- Write down the kind of person you want to be at secondary school



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Session 2 - Hopes and Dreams

What are your hopes and dreams for secondary school?

You will be there from when you're 11 to maybe 16 or 18 years old. A lot will change in that time.

Write down your thoughts about the following:

- What do you hope you will achieve?

- What kind of person do you hope you will become?

- Write down three words that you hope people will say about you.

Think of something that didn't go quite as you had expected. What did it teach you?



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Session 3 - Organisation

There are many differences between primary and secondary school. How many examples can you think out?

Primary School	Secondary School

Task 1:

A checklist template titled 'Things To Do' with a decorative top border. It contains 15 rows, each with a small square checkbox on the left and a horizontal line for writing on the right. At the bottom, there is a small URL: www.OpenOfficeTemplates.com.

Things To Do

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www.OpenOfficeTemplates.com



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Task 2: Lesson Timetable

Timetable – Smith, Lottie 7H

as at 26/05/2021

	Mon	Tue	Wed	Thu	Fri
AMR	Form 35 Miss A L Courtney	Form 35 Miss A L Courtney	Form 35 Miss A L Courtney	Form 35 Miss A L Courtney	Form 35 Miss A L Courtney
1	Geography 3 Mr O T Bland	Design Technology 18 Miss C Dunkley	Citizenship HUB Miss A L Courtney		Science 16 Miss C Mackenzie
2	Maths 33 Mr G Shawcross	English 31 Mr A Webster	Science 16 Miss C Mackenzie	Maths 33 Mr G Shawcross	Spanish 4 Miss H Cooke
3	English 31 Mr A Webster	Science 16 Miss C Mackenzie	Spanish 4 Miss H Cooke		English 31 Mr A Webster
4	Music 31 Mr A Webster	Rel Ed 5 Miss M S Smith	Maths 33 Mr G Shawcross	Science 16 Miss C Mackenzie	Food 23 A Agency
5	Form 35 Miss A L Courtney	Form 35 Miss A L Courtney	Form 35 Miss A L Courtney	Form 35 Miss A L Courtney	Form 35 Miss A L Courtney
6	Phys Ed SH Ms L A Hill	Maths 33 Mr G Shawcross	English 31 Mr A Webster		Maths 33 Mr G Shawcross

Task 3: Homework

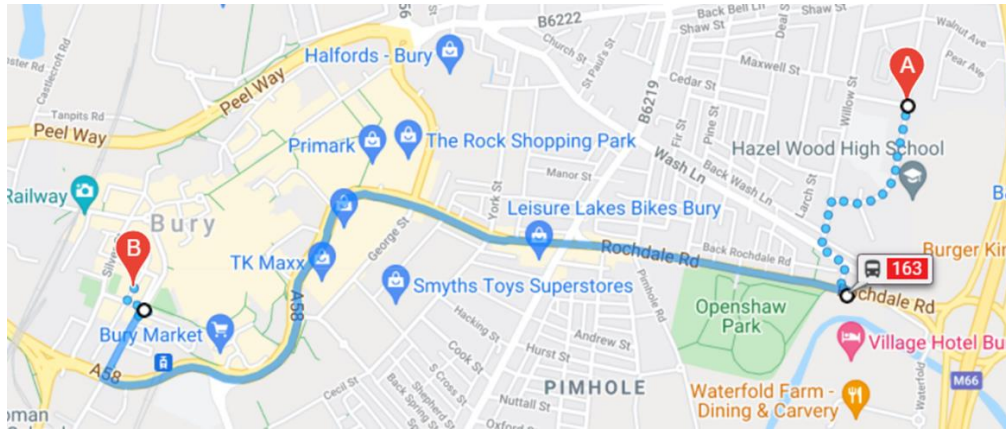
<p><u>My homework:</u></p> <p>English - due Friday</p> <p>Maths - due Wednesday</p> <p>Science - due Wednesday</p> <p>Music - due Friday</p> <p>History - due Monday</p> <p>Geography - due Tuesday</p>	<p>What should Lottie do first? Make her a list:</p> <p>1. _____</p> <p>2. _____</p> <p>3. _____</p> <p>4. _____</p> <p>5. _____</p> <p>6. _____</p>
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Task 4: Bus Timetables



What bus will Lottie get? _____

Oldham St, Piccadilly Gardens	13:25	13:45	13:55	14:05	14:15	14:25	14:35	14:45	---	14:55
Moston Ln, Blackley	13:39	13:59	14:09	14:19	14:29	14:39	14:49	14:59	---	15:09
Middleton Bus Station, Middleton Arrive	13:51	14:11	14:21	14:31	14:41	14:51	15:01	15:11	---	15:21
Middleton Bus Station, Middleton Depart	13:53	14:13	14:23	14:33	14:43	14:53	15:03	15:13	---	15:23
Langley Ln, Hollins	14:05	14:25	14:35	14:45	14:55	15:05	15:15	15:25	15:13	15:35
Heywood Library, Heywood	14:15	14:35	14:45	14:55	15:05	15:15	15:25	15:35	15:23	15:45
Rochdale Road, Burv	14:24	14:44	14:54	15:04	15:14	15:24	15:34	15:44	15:32	15:54
Bury Interchange, Bury	14:37	14:57	15:07	15:17	15:27	15:37	15:47	15:57	15:45	16:07

Task 4: Packing your bag

Make a list of everything you need:



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Session 4 - Bouncing Back!

Sometimes, you will come across an issue at school that you need to deal with.

Reflect on the following questions:

What issues might you come across?

What advice might you offer?

Who would be able to help you?

Task 1: Dear Deidre...

DEAR DEIDRE...

My lessons seem so much harder now I'm at secondary school. I don't know what I'm supposed to be doing sometimes! All the different teachers expect different things from me and the work expectations are different too. What can I do?

Write a response to this problem.
What advice would you offer?



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Reflection Time:

Think about the following questions and write a response below.

1. I need to show more determination when...

2. How do you handle making a mistake? What is your reaction?

3. Think of a time when you made a mistake. Were you kind to yourself?



Session 5 - Being Responsible!

1. What do you think it means to be responsible?
2. How can you use this skill to support school, the local community and the wider world?

Behaving responsibly is a big part of our lives. It is important that we understand the significance of being responsible and how it can affect us as individuals and other people.

How can you behave responsibly?

What does it look like?	What does it feel like?	What does it sound like?
e.g I tidied away the equipment in class	e.g I felt proud of myself and my choices	e.g My teacher said thank you



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Is It Responsible or Not?

Being responsible means that you make the right choices. Being responsible also means that people can trust you, you are dependable and when you make choices, you consider other people's thoughts and feelings.

Below are a number of scenarios written on cards. Read the answer to each scenario and decide which answer is **responsible** and which is **not responsible**.

If you think the answer is **responsible**, cut it out and place it under the RESPONSIBLE ANSWER heading. If you think the answer is **not responsible**, cut it out and place it under the NOT RESPONSIBLE ANSWER heading.

Scenario	Responsible	Not Responsible



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Scenarios

You are playing on the tennis courts and another pupil asks you to climb on top of the roof to get their ball.

Your best friend is messing about in the classroom and has been in trouble with the teacher already. They are trying to encourage you to mess about as well. They tell you that you have to mess about or they won't be your friend tomorrow.

You are meeting your friend after school at the skate park. It starts to rain and you don't want to go. What do you do?

You are going on a school trip and you receive a letter to give to your parents/carers which explains what you need for the day out. What do you do with that letter?

Responses

Of course you will. You want to help the child.

You tell them to stop messing about. You tell them that you won't mess about because you don't want to get into trouble and if they were a proper friend they wouldn't ask you to.

You decide not to bother going. They won't be bothered if you don't go. You think there might be other people there they can play with. You just don't turn up and leave your friend in the rain waiting for you.

You get the letter straight out of your bag and help your parents/carers organise the things you need for the trip.

You tell them that it would be dangerous to climb on the roof. However, you will take them to the teacher and tell them that they have lost their ball.

You are desperate to stay friends with them so you start to mess about and get into trouble. You end up being sent out of class.

Yes, it's raining but you have arranged to meet your friend. You don't want to let them down. You will go and tell them that you don't want to stay long and then your friend can decide what they want to do.

You leave the letter at the bottom of your bag and forget it's there until your parent/carer reminds you. This means that they have to go to the supermarket the night before the trip to make sure you have got everything you need.